

Bringing Wisdom to the Information Age Learning Center at FSL, L.I.

Where every worker is a volunteer

Spring-Summer 2011

We gratefully acknowledge the support of: Family Service League, Inc. (Site Sponsor) nationalgrid Foundation Steve Levy, Suffolk County Executive Suffolk County Office for the Aging **50 Plus Senior News** 9th A D Assemblyman Andrew P. Raia 3rd District Legislator Kate Browning 17th District Legislator Lou D'Amaro 18th District Legislator Jon Cooper Huntington Town Board Supervisor Frank P. Petrone Councilwoman Susan A. Berland **Councilman Mark Mayoka Councilman Mark A. Cuthbertson** Councilwoman Glenda A. Jackson Exxon/Mobil Foundation **IBM Foundation** Bank of America Chevron Foundation J.P. Morgan Chase Foundation Individual Volunteer Grant Program SeniorNet National Volunteers of SeniorNet at FSL, L.I. Huntington Cinema Arts Centre SeniorNet Online (national) - seniornet.org (local) - seniornetLl.org

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(Huntington and East Yaphank) SeniorNet at FSL, L.I. 631 427-3700, Ext. 268 To Volunteer 631 427-3700, Ext. 268 Newsletter Input Editor & Artist: Russ Day 631-427-3700, Ext. 268 email: russput@optonline.net



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SeniorNet at FSL, L.I. Receives Award at Silver Anniversary Celebration on Capitol Hill

On May 19th SeniorNet celebrated its silver anniversary with a gathering of supporters, donors, businesses and government representatives. To join in the celebration and accept the 2010 Chairman's Award for Excellence, the Huntington/Yaphank learning centers sent a five member delegation. Slava Vero and Bill Baker, Co-coordinators, Claire Kerman, volunteer coordinator, Ro Oetiker, recording secretary and, as a special guest, Barbara Page, chairwoman of Family Service League's Board of Directors. Barbara joined the delegation as our site sponsor and to represent the largest human service agency on Long Island.

The keynote speaker at the event was Kathy Greenlee, Assistant Secretary of Aging at the U.S. Department of Health and Human Services. Appointed to this position by President Obama in 2009, she is committed to building the capacity for a national aging network to better server older adults, caregivers, and persons with disabilities. In her keynote speech, Secretary Greenlee discussed SeniorNet's role in providing computer education to older adults during the past 25 years, and the importance of SeniorNet being there to help older adults during the next wave of technological advances in the following 25 years. The evening culminated with an Awards Presentation. On behalf of the SeniorNet National Board of Directors, Slava Vero presented SeniorNet Chairman of the Board, Leslie Smith, with an award, thanking him for all his efforts and achievements.

Afterwards this year's three winners received the Chairman's Award for 2010. 1st place was presented to Slava Vero (Huntington, New York, Learning Center), 2nd place to Chief Donald Rodgers (Catawba Indian Reservation), and 3rd place to Fred Ensler (Greenwich, Connecticut, Learning Center). The Volunteer of the Year Award was presented to Hank Clemente for his outstanding work in curriculum development. SeniorNet Technical Director Phil Carnahan was honored with an award for his Years of Service and Support of the SeniorNet Mission.

Huntington/Yaphank can be proud of its attainments; most people in the audience knew of Huntington's fine reputation. We heard only congratulatory words about our leadership, volunteer and community achievements. Barbara Page, Family Service League's Chairwoman of the Board of directors' writes: "It was a very informative and gratifying experience to hear what Senior Net-especially Senior Net Huntington has meant to those who have led, supported and used Senior Net during its first 25 years."



From left to right: Bill Baker, Co-Coordinator; Clair Kerman, Volunteer Coordinator; Ro Oetiker, Recording Secretary; Chief Donald Rogers, Catawba Tribe, Catawba Indian Reservation; Slava Vero, Co-Coordinator; and Barbara Page, Chairwoman of Family Service League's Board of Directors Bill Baker Huntington/Yaphank Co-Coordinator wrote: "It was great to see members of the SeniorNet staff whom I'd met before, and to meet others I'd only communicated with through email. Also, I was gratified to see that two of our most recent initiatives - providing training for those interested in rejoining the work force, and reaching out to the under-served - are also of major importance at the national level."

Claire Kerman, Huntington/Yaphank Volunteer Co-Coordinator wrote: "Our Huntington SeniorNet Center is a dynamic organization that is constantly growing and innovating and, as a result, has gained the attention, approval and support of both SeniorNet Headquarters and our local community."



Bill Baker and Slava Vero, Co-Coordinators with the 2010 Chairman Award

Activity Highlights Awards:

2011 started with the wonderful announcement that for the fourth year in a row our Learning Center won the Chairman Award for Excellence and was awarded the coveted plaque during the gala SeniorNet's 25th anniversary celebration in Washington DC on May 19th.

Activity Highlights (continued)



17th District Legislator Lou D'Amaro (third from right) presented a congratulatory Proclamation to the SeniorNet Volunteers for receiving the Chairman Award for 2011.



Councilwoman Susan Berland and the Huntington Town Board Supervisor Frank Petrone, Councilmen Mark Mayoka and Mark Cuthbertson as well as Councilwoman Glenda Jackson presented a Town Proclamation to SeniorNet personnel Nick Radesca, Slava Vero, and Moss Rawn.

- 3rd District Legislator Kate Browning sent a congratulatory message
- 16th District Legislator Steve Stern invited Otto Niebler and Slava Vero to present our projects to the Legislative Assembly.

New Initiatives:

Mobile Learning Center:

This initiative was developed to take SeniorNet's brand of life enriching computer training to people who can't come to our Huntington and Yaphank centers. MLC offers students a new collection of ten singlesession classes especially designed to interest seniors with minimal computer knowledge.

MLC was presented to:

- The Suffolk County Office for the Aging and all Senior Center managers.
- The senior division of the Town of Huntington as well as to the Veterans Administration (Northport) to bring the project to veterans enrolled in the day program.

The Mobile Learning Center has started classes for the senior division in Huntington and will expand to the Town of Babylon.

Free Seminars at Your Location:

- SeniorNet at FSL, L.I. decided to offer 4 of its most popular 90-minute seminars for presentation at outside locations
- One was given to the employees of Huntington Town senior division.
- A second presentation was at the Leisure Glen. The topic was "Vacation Planning on the Internet."

The Road Runners:

To reach out to the senior community of L.I. the road runners have attended the Farmingdale Senior Expo, The Baby Boomer and Senior Expo, the Longwood Public Library Senior Expo and the Suffolk County Office for the Aging Senior Celebration. More than 2,000 seniors visited these expos and were informed of SeniorNet activities.

The Speaker's Bureau:

Presentations were made at Christ the King church in Commack and St. Cyril & Methodius Senior Club in Deer Park. In an effort to reach out to senior veterans a presentation was made to the American Legion in Greenlawn.

Looking Ahead

- SeniorNet HUNTINGTON "OPEN HOUSE" FOR STUDENT REGISTRATION is Friday, June 17th, 2011 from 10 AM to 2 PM. Everybody is welcome.
- SeniorNet EAST YAPHANK "OPEN HOUSE" FOR STUDENT REGISTRATION IS Friday, June 10th, 2011 from 10 AM to 2 PM. Everybody is welcome.

SeniorNet at FSL, L.I. Summer classes start July 5th, 2011

SNUG Meetings and Seminars: every 3rd Tuesday of the month @

3:30 PM. Meetings take place in the Board room of Family Service League 790 Park Avenue, NY 11743 (631) 427-3700 Ext. 268 Free to students, volunteers and guests, all are welcome.

- Volunteer Summer Picnic is August 12th, 2011
- Huntington Fall Festival is October 1st, 2011
- Annual Meeting is Monday, October 24th, 2011

A COACH'S DILEMMA



He has Windows XP with Microsoft 2003 Office and is trying to coach on machines that have Windows 7 with Microsoft 2007 or Word 2010

Training Session in Huntington and Yaphank.

SeniorNet at FSL, L.I., conducted its yearly training sessions for volunteers at Huntington on May 16, 2011 and those at Yaphank on May 13, 2011. New and seasoned volunteers were brought up-todate on new initiatives as well as rules for a smooth running organization. The training consisted of a 4-hour session and this year's covered subjects were: Computer Essentials for Seniors, Mobile Learning Center, courses and seminars on new gadgets (iPad, Smart Phones, Ebook readers, Skype and Webcams, etc.) and more.

Q&A was lively in Yaphank where we have a larger number of new volunteers. However, as it happens each year, we heard "I didn't know this". Which proves how vital the nature of these training sessions are.

Those involved in the Yaphank Training sessions



Jeri Usbay



Bob Kohler



Otto Niebler



Nick Radesca

We'll Come to Your Place

Since SeniorNet began offering free monthly computer seminars at its award winning Huntington Learning Center, attendance has steadily increased until now there are as many as 100 guests per session. Because these 90minute seminars are so popular, SeniorNet volunteers decided to take a few on the road. The good news is that any interested senior group can have one or all of the following seminars presented **at their location for free**:

Vacation Planning on the Internet

Planning a vacation? Then this SeniorNet seminar is for you. You'll learn how to research travel, hotels, restaurants and more on the Internet. You can save money and even more importantly make the most of your time while on vacation.

Researching Medical Issues on the Internet

What are possible treatments for my illness? What questions should I ask my doctor? How can I find a qualified specialist? With all the pressures on our health care system it's more important than ever that you have the ability to stay informed about medical issues. At this SeniorNet seminar you'll see the best websites for educating yourself about illnesses **before** you see your doctor. You'll also learn how to research physicians, including information on education, board certifications, insurance accepted, legal actions and more.

Facebook

No doubt you've heard about Facebook – a web site where people can reconnect with old friends, and stay in contact with friends and family. Since its founding in 2004, Facebook has grown from a college-based site to a world-wide phenomenon with 500 million registered users. What may surprise you is that the fastest growing segment of users is people aged 55+.This SeniorNet seminar provides an overview of Facebook, shows you how to register to begin using the service, how to control your privacy and how to keep safe on Facebook.

Google – Beyond Basic Search

You probably use Google at least a few times week to find information online. As great as Google is, this seminar will show you how you can enhance your search to get even better results. In addition to learning enhanced search techniques, you'll see a demonstration of several other important Google search services, including Google Maps, Google Desktop and Google Art.

To schedule one or more of these free seminars at your place contact us at (631) 427-3700 ext. 235 or send an email to svero@fsl-li.org



SeniorNet at FSL, L.I. Celebrates Volunteer Week

On April 15, 2011, 48 Senior Net Volunteers and guest attended a luncheon at the Precious Restaurant to celebrate National Volunteer Week, After a very hard winter, it was good to be out and enjoy the warm and cheerful environment.

National Volunteer Week was established in1974 and has grown exponentially in scope each year, drawing the support and endorsement of all subsequent U.S. presidents, governors, mayors and other respected elected officials. SeniorNet volunteers have certainly qualified for all accolades that National Volunteer week celebrates. National Volunteer Week embodies the energy and power volunteers evoke on a daily basis.

Co-coordinators Slava Vero and Bill Baker as well as volunteer coordinator Claire Kerman addressed the group and thanked us all for our continuing help as volunteers. It was great catching up with those we have not seen for a while and enjoy reliving the experiences that bring us all together - the joys of volunteering at Senior Net's two locations-Huntington and Yaphank.

We welcomed special guests Karen Klafter, senior aide to 17th District Legislator Lou D'Amaro and Lynn Bauer.

A special "Thank You" to the Special Events Committee, Nina Smith, Mary Clark, Nickie Muolo, and Regina Goldrick, for organizing this event.

A photo Collection of those who attended











And a few more:









And even more!











<u>Check Scheduled Events Calendar and remember to volunteer and/or attend. Remember</u> <u>SNUG Meeting 3rd Tuesday of every month at 3:30PM (except December).</u>

Next SNUG Meeting June 21st, 2011

COMPUTER CLASSES FOR SENIORS Summer 2011 ANNOUNCEMENTS

SENIORNET AT FSL,L.I., ONCE AGAIN ANNOUNCES ITS REGISTRATION FOR EXCITING COMPUTER COURSES AND WORKSHOPS FOR SENIORS. <u>HUNTINGTON</u> AND <u>E.</u> <u>YAPHANK</u> SUMMER CLASSES BEGIN JULY 5th, 2011. NEW COURSES ARE ADDED EACH SEMESTER: SUCH AS FACEBOOK AND SIX COURSES IN 21ST CENTURY JOB SKILLS.

"SENIORS TEACHING SENIORS" IS OUR MOTTO. COME JOIN OTHER SENIORS AS LEARNING TAKES PLACE IN A RELAXED, FRIENDLY ATMOSPHERE FEATURING SMALL CLASSES AND VERY LOW COST.

CLASSES FILL UP PRETTY QUICKLY SO TO AVOID DISAPPOINTMENT REGISTER EARLY.

Next Newsletter deadline, September 1st, 2011

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Supervisor Frank P. Petrone, Councilwomen Susan Berland and Glenda Jackson, Councilmen Mark Mayoka and Mark Cuthbertson